

Town Center Dental Care

Michael B. Lorio, D.M.D.

8263 S.W. Wilsonville Road, Suite C • Wilsonville

Located in the Town Center Mall • We Cordially Invite You To Call (503) 682-9191

Easy Crescent Taco Bake

- 1 can (8 oz) Pillsbury™ refrigerated crescent rolls
- 1 lb lean (at least 80%) ground beef
- 3/4 cup Old El Paso™ Thick ‘n Chunky Salsa
- 2 tablespoons Old El Paso™ taco seasoning mix (from 1-oz package)
- 1 cup shredded Cheddar cheese (4 oz)

Step 1 - Heat oven to 375°F. Unroll dough; separate into 8 triangles. Place in ungreased 9-inch square pan or 10-inch pie plate; press over bottom and up sides to form crust.

Step 2: In 10-inch skillet, cook beef over medium heat 8 to 10 minutes, stirring occasionally, until thoroughly cooked; drain. Stir in salsa and taco seasoning mix; simmer 5 minutes. Spoon meat mixture in crust-lined pan; sprinkle with cheese.

Step 3: Bake 14 to 17 minutes or until crust is deep golden brown and cheese is melted. Served topped with lettuce and tomato, if desired.

“Tooth” or Consequences

A combined research study from the US and England has determined that there is a genetic link to gum disease. **SO** if your parents had problems with periodontal disease, you will want to take some extra precautions.



What's Up Doc?

- Amanda was the “Matron of Honor” at her sister’s beautiful wedding this summer.
- Theresa had a wonderful and adventurous trip to Alaska with her fiancé, Brian, this past August. They went on several fishing excursions for Halibut.
- Dr. Lorio had a great summer hiking, biking and camping with his family.
- Debbie’s vegetable garden was the best ever. Thank you to all my patients that helped me with their advice and gardening tips.
- Cindy’s youngest son, Kobi & daughter-in-law, Michelle, are expecting their 1st baby around December 9th, 2015. Grandma Pepper will have 3 grandchildren then.

As most of you know by now, Colleen has retired after 16 years as our hygienist and Trisha has a new job as a dental assistant much closer to her home. They both moved on this past March, but we will get to see them often as they are still patients at Town Center Dental Care.

We, now, want to introduce our two new staff members:

Amanda is our newest hygienist on Monday & Wednesday. She lives in Oregon City with her husband, Jake. She has a lot of outdoor interests and is very active with her family. We are so lucky to have her as our employee and hope you welcome her with your smile.

Theresa is Dr. Lorio’s new dental assistant. She resides right here in Wilsonville and is getting married to her fiancé, Brian, this next summer. Her outside activities are numerous and she loves to work-out. Having her here at the office is such a pleasure and we know you will agree with us when you meet her.

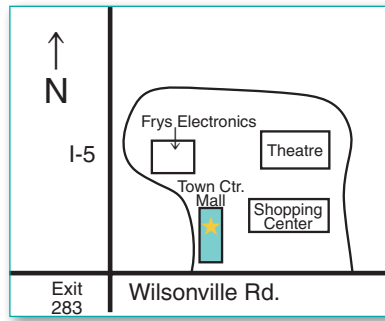
To learn more about our office, please visit our new website at drlorio.com

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Referrals

Refer a family member, friend or co-worker to **Town Center Dental Care** and you will be entered in our drawing to win a **\$250 Visa Gift Card**. The winners (2) will be drawn in December 2015, so send your much appreciated referrals to our office soon. GOOD LUCK!

"Everyone smiles in the same language"
- Randall Scott

"Wear a smile. One size fits all."
- David Sheen

Use it or Lose it

This is a reminder for all of you who have dental insurance. The end of the year is approaching and your insurance benefits for 2015 will soon expire.

As you know, your paid deductibles and annual benefits do not carry over to the following year, so it is a "Use It or Lose It" situation. Therefore, if you want to get the most out of your dental plan for the 2015 calendar year, call us soon to discuss your treatment plan and reserve some time with us before the end of the year.

Happy Holidays,

Dr. Michael Lorio

Dental Mental Word Scramble

Unscramble these four jumbles, one letter to each dash mark, to form four ordinary words.

—	○	—	—	—	—
T	Y	R	I	D	
—	—	—	—	○	
B	L	A	E	T	
○	—	○	—	—	—
E	T	D	A	S	E
—	—	—	○	—	—
N	O	R	R	E	C



What do you call
a dentist who
doesn't like tea?

Now arrange the circled letters to form the surprise answer as suggested by the above cartoon.

ANS: _____

(Last newsletter puzzle: great....fence....spirit....crayon / cartoon answer: IT IS AN "ACRE")

"Without your smile, your attire is incomplete."
- Jenny Jacobs